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SPA MENU

Althea Spa Center

Direct Line: 446



Treatment List 2016

Face Rituals

		Duration	Price
1.	Deep Cleansing by Phytomer	1hr&30min	120
	Release your skin from excess sebum. The deep cleansing treatment is beneficial for all skin types. The vapour action and the sebum extraction refresh your skin and permit the valuable products' ingredients to penetrate easier and deeper.		
2.	Express Facial	40min	55
	An instant hydration and revitalization of your skin, including all essential steps for clear and fresh complexion.		
3.	Absolute Hydration by Phytomer	1hr	105
	A super hydrating, regenerating treatment of cellular revitalization with marine calcium, seawater pearls and gigtartina. Rejuvenate and feel well-being from the touch of sea aura.		
4.	Cold Marine by Phytomer	1hr	90
	A haven of relaxation for fragile and sensitive skin, this intensely soothing cooling treatment leaves your skin fresh and luminous. An ideal "after sun" treatment.		
5.	Men's facial by Phytomer	1hr	90
	Relax and recharge your stressed skin with this energizing treatment. Experience the restoring and anti-ageing properties of the sea, during this professional care .Your skin feels deeply refreshed and re-energized while shaving irritations are soothed away.		
6.	Pioneer "XMF" by Phytomer	80min	130
	This treatment reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity. Exopolysaccharides XMF together with VMR smooths the skin and also stimulates collagen, elastin, and hyaluronic acid production. The skin mattress is denser and firmer, just like after a facelift .		
7.	Youth Intervention by Phytomer	1hr	110
	Resurface the skin gently, using a mild acid exfoliant containing marine AHAs and the remineralizing power of OLIGOMER® Powder. Fills in wrinkles with a delicious wax designed to fill in wrinkles and densify tissues. Ocean and science in the service of beauty		

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|----|--|----------------------|-------|----|
| 8. | Mastic glam
Tired, fatigued skin needs deep exfoliation and hydration, in order to brighten and revitalize. All-natural ingredients along with mastic oil & Greek olive oil work to leave your skin illuminated. | by Mastic spa | 1hr | 90 |
| 9. | Eye and lip contour
Anti-wrinkle eye care with marine collagen and elastin. Smooths fine lines, reduces puffiness and dark circles. At the same time, enjoy a complete treatment for lips contour. A cocktail of exfoliation with very effective ingredients which stimulate the circulation, while the splendor mask balm with hyaluronic nourishes – soothes – hydrates – tones the contour of the lips by giving them a natural volume. Perfect with any face treatment as booster. | by Phytomer | 30min | 55 |

*All the above treatments have been designed also for male needs.



Body Rituals

- | | | Duration | Price |
|-----|---|----------|-------|
| 10. | Mykonian Sea Scrub
We proceed in a deep cleansing with salts, corals and hazelnut oils, soya, nut and Oligomer (solidified sea). Then apply a cream with a cocktail of marine ingredients to the full body that restore the aquatic tone to your skin and it prepares it to be safely exposed to the sun. | 30min | 55 |
| 11. | Mediterranean Scrub
Exfoliates the skin while at the same time it promotes microcirculation and deeply cleanses the pores. Let fresh orange, lemon and Greek pure honey to provide cleansing power, skin brightening and terrific powerful antioxidants. | 30min | 60 |
| 12. | Thalasso Detox
Feel the detoxifying sea benefits on your body. Scrub with sea salt, soak in the Spa Jet with marine extracts and triple action algae. | 80min | 120 |
| 13. | Essential Sculpting
An all-in-one solution to refine the figure and smooth cellulite. Gentle exfoliation with fresh citrus scent and sculpting massage, the success formula that helps activate microcirculation, contouring and re-invigorate skin tissues. | 60min | 125 |

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|-----|--|----------------------|-------|-----|
| 14. | Deep Mastic hydration
Refine and remove dead skin cells to reveal smoother skin. Chios myrtle tree extract rich in essential oils is used to promote cellular renewal. The unique Mastic oil work to leave your skin smooth. | by Mastic spa | 60min | 100 |
| 15. | Sweet hug for kids
With this chocolate treatment the body immersed in one of the most enjoyable and fun treatment. | | 60min | 130 |

LPG ® Endermologie

FDA approved Endermologie is the only proven cellulite minimizing technique that can reshape the body. This sophisticated treatment restores the body's contour and banishes cellulite. It is a revolutionary non-invasive treatment using rollers and suction to deeply massage problem areas and target localised fat and cellulite. A single treatment provides a dramatic effect on circulation and lymphatic drainage, whilst for optimum results it is recommended a number of treatments

- | | | Duration | Price |
|-----|---|----------|-------|
| 16. | Cellulite Smoothing synergy | 50min | 90 |
| 17. | Synergy for Silhouette & Cellulite combined with self-heated mud | 80min | 130 |

Face & Body Experiences

- | | | Duration | Price |
|-----|--|-----------|-------|
| 18. | Mediterranean Rhassoul
The voile de Sultan treatment combines the components of traditional warm of the Orient, with especially attractive treatments and seductive fragrances. Mineral argil from Morocco, the Rhassoul has offered its cleansing, toning and firming abilities to the body, face and hair for millions of years. The delicate scents of jasmine and rose essential oils, take you to a journey to the land of thousand nights. | 1hr 30min | 175 |
| 19. | Aloe Vera
Cooling, refreshing, regenerating and hydrating. Aloe Vera stimulates cellular rejuvenation and deeply moisturizes and nourishes the skin. Aloe vera mask and massage for face and body. Ideal after long lasting sun exposure. | 1hr | 100 |



Massage Rituals

	Duration	Price
20. Traditional Relief Olive Massage Althea's Excellence Medium pressure muscle relaxing olive oil massage based on traditional techniques. Great for increasing circulation, improving skin tone and soothing tired muscles.	50min 80min	125 195
21. Back Neck and Head Release office muscle tension by dedicating 30 minutes to your back, neck and head. Using deep tissue techniques, this massage relieves your upper body.	30min	75
22. Lower leg and sole reflex massage Refreshing massage for the sole and legs, to extinguish the heavy feet feeling. During the treatment waves of deep relaxation will be sent throughout your body.	30min	55
23. Back side Relax your body and relieve stress with this Greek massage. Starts from your feet and ends to your neck. A targeted therapy we all need.	30min	75
24. Deep Tissue Either before sports' for body preparation or after sports' for recovering, this deep massage reduces muscle tension. Also ideal for people with muscle pains or restricted range of a movement.	50min	125
25. Healing Stones Massage Relaxing and releasing muscle tension massage with heated volcanic stones. The healing energy of the stones combined with a gentle, long flowing strokes' massage activates energy points and harmonizes your soul, spirit and body.	60min	125
26. Lava Shells Massage This revolutionary and unique full body massage uses naturally self-warming Tiger Clam Shells to deliver a seamless treatment tailored to suit your individual needs, especially to relax your muscles and ease aches and pains. Hydrating oils are used during the treatment to moisturise the skin as the warming energy of the shells helps to revitalise and rebalance the body and mind.	60min	130



27. Oligomer spa massage The treatment starts with a creamy body scrub containing oligomer crystals to soften the skin. The active ingredient oligomer delivers remineralising benefits that strengthen the skin and recharge it with energy This is followed by a body massage using a bi-phase massage oil with oligomer. This massage restores harmony and fluidity to the body's movements. Light pressures, plus deep and gentle massage releases tension, creating a feeling of complete relaxation.	90min	175
28. Detox massage Precious marine ingredients stimulate and excite the lymphatic and vascular system, stimulate the metabolism, enhance, soothe and moisturize the skin. The body is drained, relaxed and energized. An exceptional treatment, feels like a trip to the ocean..	60Min +mask 90min	125 165
29. Three Candles Massage Discover a new beauty ritual concept: 3 Massage candles, for a complete body treatment by candlelight relaxing, firming and energizing.	50min	130
30. Reflexology The technique that stimulates the reflex points of feet and hands to improve the flow of body energy.	40min	90
31. Pre- Natal This massage is carefully designed for pregnant women or nursing mothers, manages all the needs during pregnancy.	40min	90
32. Sparadise for kids Our professional spa therapists pamper your children with soothing and specialized massage.	30min	70
33. Couples Massage Share a wonderful experience together, side by side, in the same room, at the same time. (available for all of the above)		



Outdoors Pleasure



34. Pavilion Seaside massage

Connect yourself with the Aegean sea, the Mykonian land and the Greek sky in a unique outdoor experience. [Available only at specific phases]

- Extra
20

Aqua Experiences

35. Spa Jet

Spa Jet capsule at Althea Spa is a luxurious individual treatment in which infra-red heat, steam and powerful water jets combine to provide a magical water massage. Whether looking to lose weight, reduce cellulite, relieve lower back pain or simply just relax, our Spa Jet has a setting to meet your needs and leave you looking and feeling great. Designed to suit your individual needs, your treatment is customized by your therapist for a range of benefits, from calming to detoxifying.

Duration Price
30min 50

36. Moment Zen

Enjoy the effects of the Spa Jet capsule, which delivers temperate water sprays with alternating jet pressures to provide a unique form of hydro massage. Complete your blissful journey with a full body massage

80min 150

37. Sea cocoon

After the full body mud application you'll enjoy an aromatherapy scalp massage while the heat and steam of the Spa Jet opens the pores to enhance the detoxifying effects. The Vichy shower washes away the mud and impurities brought to the skin's surface. An application of sculpting body cream completes this treatment.

50min 90

38. Spa Jet combined with any body treatment

With all of face and especially body treatments, you will enjoy customized heat, steam, and Vichy shower treatment in our Spa Jet.

30min 30

2gether

39. The Chocolate Ceremony

This treatment starts with chocolate scrub in same room, then relax wrapped in a creamy chocolate butter mask. In the meanwhile warm walnut oil flows over your third eye conducting you to a state of absolute serenity. After a restorative shower immerse yourself in the unique experience of warm chocolate revitalizing massage, ending in perfect bliss.

Duration Price
1hr&50min 195/per person

40. Catharsis

Althea's Excellence

A combination of "emotional cleansing" and skin purification. Enjoy full body massage and hydrating facial in same room in same time. A treatment for total relaxation.

1hr&30min 170/per person

Concept Therapies

Healing waters, natural botanicals, indigenous Traditions
«Vibrant & Alive, Born on the Wind the Calm Open Scent of Nature»

Traditional therapies and natural ingredients indigenous to the Aegean islands provide the ultimate rejuvenating ritual. Feel the experience treatment that indulges the senses with pure therapeutic aromas and restorative Greek massage techniques in a candlelit treatment room. After your treatment enjoy a Greek herbal tea, especially chosen to emphasize the benefits of your treatment.

1. Mykonian Chill Out

Ideal selection after nightlife. Includes: Detox algae mask in Spa Jet, Detox full body massage

Duration Price
1hr & 45min 205

2. Check in Relaxation

Recommended to start your vacation with. Includes: Massage back, neck & head, Express facial

Duration Price
1hr & 10min 125

3. "Grand" Bliss

Start your day with yoga session surrounded by the Mykonian nature. Complete your blissful journey with our traditional massage which deepens your relaxation, leaving you with clearer mind and total body hydration. .Enjoy an amazing time with this unique blend of yoga and body massage.

Duration Price
2hr 185

4. Noonmood

From 13:00 to 15:00, before your massage we offer you a complimentary mediterranean scrub



Body Waxing



	Price
41. Eye brows	20
42. Upper Lip	15
43. Underarms	25
44. Arm	35
45. Half Leg	35
46. Whole Leg	50
47. Bikini (women only)	30

If you are sunburned or recovering from a chemical or laser peel, waxing will not be option for hair removal until you are healed. You cannot wax if you suffer from diabetes or you have varicose veins or poor circulation, as you are more susceptible to infection. Also if you are using Retin-A, Accutane or other medications designed to increase skin exfoliation. Please do not use hot shower, steam room or Jacuzzi directly after waxing service.

Finishing Rituals for Female & Male

	Duration	Price
48. Basic Manicure	50min	35
49. Spa Manicure	1hr&10min	55
50. Semi-permanent manicure	1hr	55
51. Basic Pedicure	1hr	50
52. Spa Pedicure	1hr&20min	65
53. Semi-permanent pedicure	1hr&10min	65
54. Polish Change	20min	25

It is advisable to wear open-toed shoes for a pedicure

Opening Hours Spa: Monday – Sunday: 9:00A.M. – 8:00P.M.

Spa Treatments Hour: The first spa treatment is available from 10.00A.M. ; Last treatment ends at 19.30P.M.

Attention: For your skin's protection, please do not expose yourself to the sun right after treatment

Please plan to arrive at least 20 minutes prior to your scheduled Spa service to conclude your treatment with a visit to steam room, sauna, shower and dressing area. Before and after your Spa Treatments, a robe and sandals are provided for you. Lockers are available for your personal items while you are in the Spa.

